

OSTEOARTHRITIS OF THE KNEE

Osteoarthritis of the knee is the most common type of arthritis and is responsible for degeneration of the articular cartilage of the joint. This type of arthritis can be associated with age or secondary to trauma.

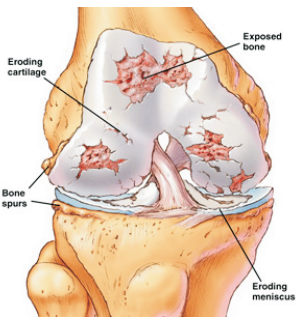


Figure 1.

The cartilage of the affected joint becomes soft and erosion occurs at higher friction locations causing loss of the

protective nature of the cartilage, which can lead to a change in the shape of the underlying bone, in turn increasing pain.

(See Figure 1.)

Common treatments include:

- Foot orthotics
- Soft knee supports
- Custom “unloading” knee braces
- Visco elastic supplements
- Medication

For more information visit our website.